

8 KINDS OF SMART

Student Checklist

Date _____

Name _____

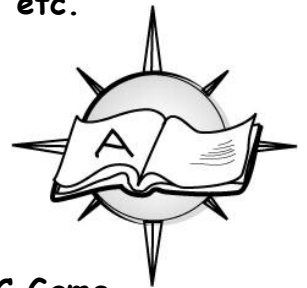
Developed by M. Kaufeldt, based on H. Gardner & T. Armstrong's books.

Check those statements that apply to you most often. These intelligences are common ways in which people process information and do problem-solving.

Which are your strongest "intelligences," and which are your least developed?

VERBAL-LINGUISTIC: "Word Smart"

- ___ Books are important to me.
- ___ I have a pretty easy time memorizing poems, stories, facts, etc.
- ___ I enjoy talking and telling stories.
- ___ I enjoy games like Scrabble, Boggle, and Hangman.
- ___ I like to write in a journal or write stories.
- ___ I like to look things up in books and encyclopedias.
- ___ I like to listen to people read aloud to me.
- ___ When I ride in a car, I like to read signs or play the A-B-C Game.
- ___ I enjoy tongue twisters, rhymes, and puns.
- ___ I like to use big words when I write or speak.



LOGICAL-MATHEMATICAL: "Logic Smart"

- ___ I enjoy counting things.
- ___ I like to make patterns, and I notice patterns in my world.
- ___ I often ask adults questions about how things work or about things in nature.
- ___ I can add and subtract in my head.
- ___ I like to measure, sort, and organize things.
- ___ I like to do games or solve problems that require logical thinking.
- ___ I am interested in new inventions and theories in science.
- ___ I like to set up little experiments.
- ___ I enjoy doing math at school.
- ___ I like watching science shows or nature programs on T.V.



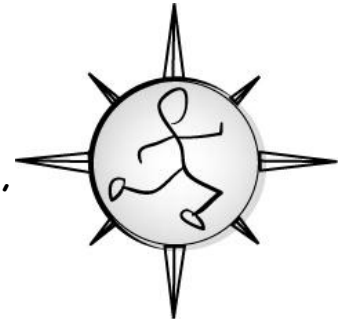
VISUAL-SPATIAL: "Picture Smart"

- _____ I enjoy drawing and painting pictures and designs.
- _____ I love colors, and I have some special favorites.
- _____ I enjoy putting together puzzles.
- _____ I like playing with blocks, Legos, Tinker Toys, etc.
- _____ I have vivid and colorful dreams.
- _____ I can close my eyes and visualize things in my head.
- _____ I can usually find my way around my neighborhood or town.
- _____ I like to take pictures or videos.
- _____ I love to look at picture books or magazines that have a lot of photos.
- _____ I can pick and match clothes to create great outfits to wear.



BODILY-KINESTHETIC: "Body Smart"

- _____ I play at least one sport on a regular basis.
- _____ I find it difficult to sit still for long periods of time.
- _____ I like working with my hands, doing activities like building, weaving, carving, etc.
- _____ I think I am pretty coordinated.
- _____ I need to touch things in order to learn more about them.
- _____ I love wild rides at the amusement park and other thrilling experiences.
- _____ I often spend my free time outside.
- _____ I like to ride a bike or skateboard or go skating.
- _____ I enjoy dancing.
- _____ I can act out things and imitate other people's movements.



MUSICAL-RHYTHMIC: "Music Smart"

- _____ I have a pretty good singing voice.
- _____ I can tell when someone sings or plays a wrong or off-key note.
- _____ I like to play or would like to learn how to play a musical instrument.
- _____ I like to listen to music on the radio, or on the stereo.
- _____ I sometimes catch myself humming a tune when I am working or learning.
- _____ I love to have music in my life.
- _____ I like to tap or bang on things to keep up a rhythm.
- _____ I've actually made up some of my own songs or music.
- _____ I notice non-verbal sounds (dog barking, waves, etc.) and hear things pretty well.
- _____ I sometimes get a melody or advertisement jingle stuck in my head.



NATURALIST: "Nature Smart"

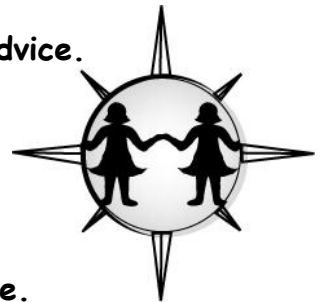
- _____ I love nature, animals, and the outdoors.
- _____ I can sense and notice patterns in nature, and I enjoy pointing them out to others.
- _____ I am able to use patterns that I notice in order to navigate (get around) and I am not afraid of becoming lost in nature or a new environment.
- _____ I am sensitive to the changes in seasons, moon phases, tides, star patterns, etc.
- _____ I am interested in learning the names and characteristics of various plants and animals.
- _____ I enjoy watching nature shows and programs about exploration and other cultures.
- _____ I find it fascinating, not frightening, to be in other environments different from my own.
- _____ I enjoy watching natural phenomena, like comets, sunsets, thunderstorms, waves.
- _____ I blend in easily within nature or a new culture; sometimes I even feel more comfortable in these situations than in others.



_____ I often want to be out in nature when I am thinking about or problem-solving something.

INTERPERSONAL: "People Smart"

- _____ I usually have an easy time making friends.
- _____ I am a good person to help others do problem-solving.
- _____ I often want to help others.
- _____ I usually know what is going on with my friends and family (gossip!)
- _____ I am often a leader in clubs or cooperative learning groups.
- _____ I am the kind of person that others seem to come to for advice.
- _____ I prefer group sports instead of individual activities.
- _____ I like to play games with others over individual activities, like video games.
- _____ I feel comfortable in crowds and at social gatherings.
- _____ I think I notice when people are upset or having a hard time.



INTRAPERSONAL: "Self Smart"

- _____ I am pretty independent; I don't rely that much on others.
- _____ I have hobbies that I like to do on my own.
- _____ Sometimes I have opinions or ideas that set me apart from others.
- _____ I like to keep a personal diary or journal.
- _____ I would prefer to spend time alone in the woods than at a busy, fancy resort.
- _____ I enjoy playing games by myself (video games, solitaire) rather than with others.
- _____ I have some important ideas or goals that I like to think about.
- _____ I need time to work on things by myself rather than in a cooperative group.
- _____ I have a secret place or fort that I like to go to in order to get away from others.
- _____ I sometimes have a difficult time talking with others in a small group.

